



Yakima Health District
1210 Ahtanum Ridge Drive
Union Gap, WA 98903
Phone (509) 575-4040
Fax (509) 575-7894

Health Care Provider Advisory
Increased Incidence of Newly Diagnosed HIV Infection
August 23, 2017

Requested Actions:

- Be aware of increased HIV incidence in Yakima County compared to recent years.
- Regularly offer HIV and STD testing to men who have sex with men (MSM) and other high-risk patients.
- Offer HIV pre-exposure prophylaxis to HIV-negative MSM with risk factors for HIV acquisition.
- Refer patients who inject drugs to YHD's needle exchange as well as to local resources for cessation and/or opioid replacement therapy.

Background:

- Through the end of July, 17 newly diagnosed HIV infections had been reported in Yakima County residents during 2017. Compared to the average of 8-9 cases reported annually during 2014-2016, we are running at 3-4 times the incidence seen in recent prior years.
- The majority of cases continue to be MSM ages 25-44; however at least three cases under age 25 have been reported this year (youngest age 18), and drug injection or sex with a drug injector has been endorsed by five of the cases.

Additional Comments:

- MSM should be tested at least annually for HIV, syphilis, gonorrhea (each site used: urine, rectal, pharyngeal), and chlamydia (each site used: urine, rectal).
- CDC recommends against the promotion of serosorting (having unprotected sex only with partners of the same HIV status) as an HIV prevention strategy. Undetected primary infection, untested partners, misrepresentation of HIV status, and transmission of other STD are among the pitfalls associated with this strategy.
- Clinicians should assess STD- and HIV-related risks for their transgender patients based on current anatomy and sexual behaviors.

Pre-exposure Prophylaxis against HIV (PrEP)

- PrEP is recommended for:
 - HIV-negative partners in a sero-discordant relationship
 - HIV-negative MSM at high risk of HIV exposure (e.g., recent bacterial STD)
- Regimen: emtricitabine 200mg + tenofovir 300mg po daily after ruling out seronegative acute infection with negative HIV serologic results (consider also checking for HIV RNA prior to starting extremely high risk patients).
- PreP should be accompanied by non-pharmacologic risk reduction methods as well (e.g., reduce number of partners, consistent and correct use of condoms)
- For additional information:
 - <https://www.cdc.gov/hiv/risk/prep/index.html>
 - <http://www.cdc.gov/hiv/pdf/PrEPguidelines2014.pdf>

YHD Syringe & Needle Exchange: YHD Syringe & Needle Exchange:

Syringe access services available:

- Free and clean needles
- Safe disposal
- Condoms and injection supplies to reduce risk
- Medical assistance on wound care and infection control
- Free overdose prevention kits- Naloxone distribution

YHD Syringe /Needle Exchange is located on South 3rd St. & E. Adams St. Look for the YHD motorhome parked along the park. Syringe access services are available every Friday, 2-4pm only.

Drug Treatment Resources:

Apple Valley Counseling Services, LLC

611 W A St
Yakima, WA 98902
Phone: (509) 452-1000

Barth Clinic & Associates

201 E.Lincoln, Suite 100
Yakima, Wa 98901
1-877-457-5657

Triumph Treatment Services (Several locations across the Yakima Valley)

102 S. Naches Ave.
Yakima WA 98901
Phone (509) 248-1800
Email cdac@triumphtx.org
Fax (509) 576-3076

Merit Resource Services:

Yakima Office -

315 N 2nd Street, PO Box 376, Yakima, WA 98908
(509)469-9366 - fax (509)469-9926

Wapato Office -

312 W. 2nd Street, PO Box 1067, Wapato, WA 98951
(509)877-7271 - fax (509)877-3532

Toppenish Office -

321 West First Avenue, PO Box 366, Toppenish, WA 98948
(509) 865-5233 - fax (509) 865- 6505

Sunnyside Office -

702 E. Franklin Avenue, PO Box 997, Sunnyside, WA 98944
(509)837-7700 - fax (509)839-7311

Sundown M Ranch

2280 SR 821
Yakima WA 98901
(800)326-7444

Comprehensive Healthcare

505 S 4th Ave.
Yakima, WA 98902
509-248-1200

Ideal Option Suboxone Program

506 N 40th Ave
Yakima, WA 98908
(509) 895-7750

Behavioral Health Services

918 East Mead Avenue
Yakima, WA 98903
(509) 453-1344
Fax (509) 453-2209