



Yakima Health District

Media Release

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Quarantine Recommendations for Vaccinated Persons

YAKIMA, WA- The Centers for Disease Control and Prevention (CDC) has released public health recommendations stating that persons who have received COVID-19 vaccinations are not required to quarantine if they are exposed to someone with suspected or confirmed COVID-19 if they meet CDC criteria.

The CDC adds that while COVID-19 vaccines have demonstrated high efficacy at preventing severe and symptomatic COVID-19, there is currently limited information on how much the vaccines might reduce transmission and how long protection lasts. In addition, the efficacy of the vaccines against emerging SARS-CoV-2 variants is not known.

At this time, vaccinated persons should continue to follow current guidance to protect themselves and others, including wearing a mask, staying at least 6 feet away from others, avoiding crowds, avoiding poorly ventilated spaces, covering coughs and sneezes, washing hands often, following CDC travel guidance, and following any applicable workplace or school guidance, including guidance related to personal protective equipment use or SARS-CoV-2 testing.

However, vaccinated persons with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet all the following criteria:

- **Are fully vaccinated (i.e., ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine)**
- **Are within 3 months following receipt of the last dose in the series**
- **Have remained asymptomatic since the current COVID-19 exposure**

Persons who do not meet all 3 of the above criteria should continue to follow current quarantine guidance after exposure to someone with suspected or confirmed COVID-19.

“It’s important that fully vaccinated persons who do not quarantine still watch for symptoms of COVID-19 for 14 days following an exposure. If they experience symptoms, they should be clinically evaluated for COVID-19, including SARS-CoV-2 testing, if indicated. All vaccinated persons should continue to follow current guidance to protect themselves and others, including all other SARS-CoV-2 testing recommendations and requirements, and state, territorial, tribal, and local travel recommendations or requirements.” Dr. Jecha, Interim Health Officer at Yakima Health District.

For additional considerations regarding quarantine or work restrictions for fully vaccinated healthcare personnel, patients, or residents in healthcare settings, please see [CDC](#) clinical considerations.



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Additional Information:

[Yakima County COVID-19 Vaccine Distribution Web Site](#)

[WA State Tier A1 and A2 Guidance](#)

[WA State Tier B1 and Timeline](#)

[Washington State COVID-19 Vaccine](#)

[COVID-19 ACIP Vaccine Recommendations](#)

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