

YOU'RE INVITED TO AN EVENING WITH SARRI GILMAN! RECOVERY FROM 'OVERWHELM'

Children's Village



WEDNESDAY, MAY 11TH
6:30 - 8:00 PM ON ZOOM

PLEASE TEXT OR CALL TO REGISTER BY MAY 7TH
DAISY LOPEZ (509) 907-0876
AMY BERKHEIMER (509) 907-0508

SARRI'S ENGAGING PRESENTATIONS HELP OTHERS:

- ◆ IMPROVE SELF-CARE
- ◆ RECOVER FROM 'OVERWHELM'
- ◆ HAVE MORE JOY AND LESS STRESS

WE'RE EXCITED TO INTRODUCE SARRI GILMAN TO OUR PARENTS...
YOU WON'T WANT TO MISS THIS AMAZING [VIRTUAL] OPPORTUNITY!

Funding for this is provided by WA state Department of Children, Youth and Families

SARRI IS A LICENSED PSYCHOTHERAPIST WHOSE BEEN IN PRACTICE FOR OVER 35 YEARS;
SHE IS ALSO AN AUTHOR AND AUTHORITY IN BOUNDARY DEVELOPMENT AND SKILLS.

TO LEARN MORE ABOUT SARRI, VISIT HER WEBSITE AT: [HTTPS://WWW.SARRIGILMAN.COM/](https://www.sarrigilman.com/)

Sometimes when we tend to others,
we discover the untended parts of ourselves.

My hope is that the work I do
helps you tend to yourself and others.

www.sarrigilman.com

