



Wednesday, July 9, 2025

Employee Name Heather Fritz

Email hfritz@pnwu.edu

Phone Number (919) 370-1928

Position Title Dean

Quarter Report Quarter 2 (April to June '25 - DUE by July 14th, 2025)

Select Contract Submitting Report for: Mental Health Sales Tax (MHST)

Contract Number: 039-2025

Confirming that none of the information you share includes client-identifying details. Names, dates of birth, and Social Security numbers are all protected information and should not be submitted to this portal. Yes, I confirm.

Total Number of Clients (both duplicated/unduplicated number):

Please see attached document for totals.

Narrative Summary Detailing Program Success:

Narrative summary detailing program success

Between May 2024 and June 2025, weekly OT services were integrated into the PPW program and consisted of group interventions and individual services. PPW clients at any phase of substance use disorder (SUD) treatment were able to self-refer for an individual OT evaluation and all PPW clients were automatically referred for an individual OT evaluation when they transitioned to phase 2 of SUD treatment. Clients at JOTC were referred for OT services through their SUD and/or mental health counselors. The developing OT program at Triumph served as a clinical training site for Pacific Northwest University students in the Master of Occupational Therapy Program. Ten students completed Level I fieldwork rotations and 2 students were assigned for Level II fieldwork at Triumph. January through March 2025, during a Level II fieldwork student rotation, we implemented OT services 4 days/week across Triumph's PPW program and JOTC. This provided data for modeling the revenue generating potential of a full-time occupational therapist at Triumph. Modeling suggested that a full-time occupational therapist billing Medicaid could cover salary and benefits and account for additional indirect costs.

Encountered Barriers:

Encountered barriers

Barriers existed at multiple levels:

- Organizational – Triumph experienced both employee turnover and growth through the addition of a medical team that impacted the prioritization of OT service development. Challenges with scheduling limited the times when OT services could be offered.
- Behavioral healthcare system – The addition of OT services in the WA State Health Care Authority

Service Encounter Reporting Instructions (SERI) guide was new as of July 2024 and Triumph was the first agency in the state to navigate the OT billing process.

- Client population – The lack of housing and stable living conditions after PPW program completion was a barrier to fully actualizing the potential of OT services in areas such as household management, community living, education, and work skill development.

Significant Changes to the Program:

Significant changes to the program

Beyond the implementation of OT services in the PPW program and at JOTC, we identified several opportunities for OT service expansion at Triumph:

- OT services integrated into other Triumph programs: Parent Child Assistance Program (PCAP), outpatient, and housing may offer additional support for SUD recovery to clients living in the local community
- OT services for nonpharmacological pain management during residential treatment
- OT services to treat trauma and establish wellness routines, such as evidence-based interventions of sound therapy, meditation practices, and movement therapies
- OT consultation for creating trauma informed environments and organizational processes
- OT consultation for inclusive practices such as gender-affirming care, neurodivergent-supportive, and culturally relevant environments & treatment
- OT case management for utilization of existing HCA programs and resources, such as Foundational Community Supports and resources for clients with intellectual and developmental disability

Submission of current staffing model (Including vacant positions)

Submission of current staffing model

Data on potential staffing models was provided to Triumph on several occasions, most recently during a May 6, 2025 in-service reporting on outcomes of the OT service development program.

Anything Else?

N/A

(^ If any submit posting/description/modeling or additional documents you would like to include)

 OT Services Development Update_05.... .pdf

 OT Services Development Update_11.... .pdf

 Y2_Final Report_PNWU.pdf